



SMUGGLERS

FOOD MENU

SHARING PLATTERS

MEAT PLATTER 15.9

Smugglers nachos, buffalo chicken wings, barbecue glazed ribs and breaded chicken fillets. Served with garlic mayonnaise & chilli jam.

VEGGIE PLATTER (V) 14.8

Smugglers nachos, caramelised red onion hummus, toasted sourdough, panko courgette fries and brie bites. With cranberry sauce & chilli jam.

SMUGGLERS SHARER NACHOS (V,GF) 8.2

With melted cheddar and mozzarella. Topped with home-made salsa, guacamole, sour cream & jalapeños

BAR BITES

BRIE BITES (V) 5.7

Served with cranberry sauce.

HALLOUMI FRIES (V) 6

Served with home-made chilli jam.

BREADED CHICKEN FILLETS 6.2

Served with home-made chilli jam.

SALT AND PEPPER SQUID 6.4

Served with garlic mayonnaise and a wedge of lemon.

LIGHTLY CRUMBED WHITEBAIT 6.5

Golden whitebait served with tartare sauce and a wedge of lemon.

PANKO COURGETTE FRIES (VG) 5.6

Served with home-made caramelised red onion hummus.

SALADS

CAESAR SALAD (V) 9

Crisp baby gem lettuce with Caesar dressing, home-made croutons & parmesan shavings.

GRILLED CHICKEN FILLETS 3

CRISPY BACON 1.5

HALLOUMI SALAD (V,GF) 10.4

Fresh mixed leaf salad with grilled halloumi, red pepper, cucumber, avocado & house vinaigrette.

SMUGGLERS CITRUS SALAD (VG,GF) 9.8

Mixed leaf on a bed of orange segments, avocado and tomato. Topped with fresh red onion and a balsamic glaze.

STARTERS

MAC 'N CHEESE (V) 6.3

Classic macaroni in a cheddar sauce, garnished with toasted panko breadcrumbs.

ADD CHILLI (V) 0.6 | ADD BACON 1.5

CHICKEN WINGS (GF) 6.9

Crispy fried chicken wings, coated in your choice of sauce. Served with blue cheese dressing.

BARBECUE | FRANK'S HOT SAUCE | LIME & CHILLI

BARBECUE RIBS 7.3

Half a rack of tender pork ribs coated in a sweet & smoky barbecue glaze.

HUMMUS & SOURDOUGH (VG) 6.5

Toasted sourdough and fresh crudité, served with caramelised red onion hummus.

BRUSCHETTA (VG) 6.7

Toasted sourdough topped with diced tomato, fresh basil, garlic and extra virgin olive oil..

WRAPS

ADD SKIN-ON-FRIES 2.2

ADD SWEET POTATO FRIES 3.5

FISH FINGER WRAP 7.6

Battered cod fillets with baby gem lettuce, tomato & tartare sauce.

HALLOUMI AND AVOCADO WRAP (V) 7.4

Fried halloumi and avocado with mixed leaf & smoky tomato salsa.

BRIE AND BACON WRAP 7.6

Crispy back bacon and melted brie with mixed leaf and cranberry sauce.

CHICKEN CAESAR WRAP 7.8

Grilled chicken with bacon, melted parmesan with baby gem lettuce & caesar dressing.

PULLED WRAP 7.8

Your choice of pulled meat with melted cheddar cheese, baby gem & garlic mayonnaise.

BARBECUE PORK | BARBECUE BRISKET
GINGER CHICKEN

PANKO COURGETTE WRAP (VG) 7.2

Fried Panko courgette with baby gem lettuce, tomato & home-made hummus.

BURGERS

BURGERS MADE IN-HOUSE AND SERVED IN A SOFT BRIOCHE BUN WITH BABY GEM LETTUCE, TOMATO, PICKLES, COLESLAW, AND SKIN ON FRIES.
GLUTEN-FREE BUN AVAILABLE ON REQUEST.

DIRTY FRIES UPGRADE 2.5 | EXTRA PATTY 3.2

BUFFALO CHICKEN BURGER 13.6

Panko-breaded, deep-fried chicken topped with Frank's hot sauce & blue cheese dressing.

CHICKEN CAESAR BURGER 13.8

Panko-breaded chicken breast topped with bacon, melted parmesan and caesar dressing.

THE PULLED BURGER 14.9

7oz. beef patty with your choice of pulled meat. All topped with homemade garlic mayonnaise.

BARBECUE PORK | BARBECUE BRISKET
GINGER CHICKEN

CLASSIC CHEESEBURGER 13

7oz. beef patty with melted cheddar, topped with tomato sauce.

BRIE AND BACON BURGER 14.6

7oz. beef patty with crispy back bacon & melted brie, topped with cranberry sauce.

VEGAN CHEESEBURGER (VG) 13.2

Plant-based vegan patty with melted vegan cheese, topped with vegan mayo.

HALLOUMI & MUSHROOM BURGER (VG) 13.2

Flat field mushroom roasted in garlic & herbs, with fried halloumi & guacamole.

16 CARLTON PLACE
SOUTHAMPTON
SO15 2DY
FB / INSTA / TIKTOK

023 80570253
contact@smugglers.co.uk
www.smugglers.co.uk
@smugglersouthampton

MAINS

BUDDHA BOWL (VG, GF) 13.7

Lemon and herb infused wild rice, red cabbage, tenderstem broccoli, sliced avocado, roasted sweet potato, fresh spinach & caramelised red onion hummus.

GRILLED HALLOUMI (V, GF) 2.2

GRILLED CHICKEN (GF) 2.5

LIME & CHILLI CHICKEN (GF) 14.6

Served with lemon and herb infused wild rice and a roasted vegetable medley.

SWAP CHICKEN FOR GRILLED HALLOUMI (V, GF)

SPICY BRAZILIAN CURRY

Brazilian-inspired aromatic curry with a coconut and peanut base. Served with lemon and herb infused wild rice.

GRILLED CHICKEN FILLETS (GF) 14.4

PANKO COURGETTE (VG) 13.8

BEER BATTERED FISH & CHIPS 14.6

Beer battered fillet served with skin on fries, garden peas, tartar sauce and a lemon wedge.

SEABASS (GF) 14.8

Pan-fried seabass cooked in lemon and garlic butter. Served with a roasted vegetable medley, tenderstem broccoli & creamy mashed potato.

PORK BELLY (GF) 15.6

Slow cooked belly of pork served with braised red cabbage, creamy mashed potato, tenderstem broccoli & apple jus.

80Z RUMP STEAK (GF) 16.6

Grilled to your preference. Served with garlic mushrooms, grilled beef tomato, skin on fries & mixed leaf.

ADD PEPPERCORN SAUCE (GF) 1

FULL RACK OF RIBS (GF) 16.2

Full rack of pork ribs slow cooked in a barbecue glaze, served with skin on fries & home-made coleslaw.

DIRTY FRIES

PULLED FRIES (GF) 7.9

Skin-on-fries with your choice of pulled meat. Served with homemade garlic mayonnaise.

BARBECUE PORK | BARBECUE BRISKET
GINGER CHICKEN

CHEESY FRIES (V, GF) 5.6

Skin-on-fries with melted cheddar or vegan cheese.

BACON FRIES (GF) 7.2

Skin-on-fries with melted cheddar and crispy diced bacon, topped with garlic mayonnaise.

NACHO FRIES (V, GF) 6.8

Skin-on-fries with melted cheddar, topped with guacamole, salsa, sour cream & jalapeños.

VEGAN FRIES (VG, GF) 6.2

Skin-on-fries with melted vegan cheese, chopped peppers & red onions, covered in chilli jam.

SIDES

SWEET POTATO FRIES (VG, GF) 3.5

SKIN-ON-FRIES (VG, GF) 2.8

HOME-MADE COLESLAW (VG, GF) 2

BEER-BATTERED ONION RINGS (VG) 3.5

PAN-SEARED GARLIC TENDERSTEM BROCCOLI (VG, GF) 3.4

ALLERGY ADVICE If you have any allergies or dietary requirements, please let your server know so we can accommodate your requests.

DESSERTS

CHOCOLATE FUDGE BROWNIE (V) 6.5

Homemade brownie served with vanilla ice cream, chocolate sauce and topped with strawberry.

TOFFEE & HONEYCOMB CHEESECAKE

(V, GF) 6.4

Served with fresh chantilly cream & caramel sauce.

BLACKBERRY & APPLE CRUMBLE

(V, GF) 6.3

Warm blackberry and apple crumble served with vegan vanilla ice cream.

STRAWBERRY & PROSECCO TRUFFLE (V) 6.4

Vanilla sponge base topped with white chocolate & prosecco flavour truffle, finished with strawberry glaze, strawberry halves & a white chocolate chips.

ICE CREAM AND SORBET 4.5

Ask your server for our range of ice creams & sorbets

